Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 00:00 on Sunday 15 Oct 2023 until 23:59 on Monday 16 Oct 2023

Forecast Issued on Saturday 14 Oct 2023 at 14:22 by Met Office Aberdeen

Confidence: High for transition to less cold, more settled weather from Monday onwards with winds becoming light, strengthening again mid-week.

Headline for Sunday 15 Oct 2023: Rather cloudy morning with wintry showers, mostly in west. Mainly dry, brighter afternoon. Feeling bitterly cold with fresh or strong winds slowly easing.

Mountain weather hazards on Sunday 15 Oct 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** High Likelihood	**Poor visibility** Medium Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** No Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Partly cloudy (night)	Partly cloudy (night)	Partly cloudy (night)	Sleet showers	Sleet showers	Sunny intervals	Sunny intervals	Partly cloudy (night)
Precipitation probability							
10%	20%	20%	30%	30%	20%	20%	10%

Forecast for Sunday 15 Oct 2023

Weather: Mainly dry overnight and a first on Sunday with clear periods. Then cloudier in the morning with scattered light showers with snow becoming confined to tops of munros. The showers will be mostly over Glencoe, Mull and Lochaber, dying out in the afternoon with more sunshine coming along.

Chance of cloud-free hill tops above 800m: 50% in morning improving 80% in afternoon.

Low Cloud and visibility: Good visibility but briefly very poor in west of area as wintry showers pass by. Fairly extensive cloud cover during the morning above about 700 to 800m, becoming more patchy during afternoon.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Sunday 15 Oct 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	32/38 NW	27/33 NW	29/35 SW	27/34 W	25/33 W	20/27 W	16/21 SW	15/19 SW	13/18 S
900	18/24 NW	15/21 NW	17/24 W	18/25 W	18/25 W	16/22 W	11/17 W	9/14 SW	9/13 SW
600	15/19 NW	15/19 SW	19/25 SW	18/24 W	18/26 SW	17/24 W	12/17 SW	11/15 SW	10/14 SW
300	9/13 NW	6/10 S	9/13 SW	8/12 W	10/16 W	11/18 W	7/11 SW	6/9 SW	5/9 S
Glen	5/13 NW	3/9 W	4/11 W	5/15 W	9/18 W	10/20 W	4/10 W	3/7 SW	2/5 SW

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	-6/-15	-5/-14	-4/-12	-3/-11	-2/-10	-2/-8	-2/-8	-2/-8	-2/-7
900	-3/-10	-2/-8	-1/-7	-0/-6	1/-5	1/-4	1/-4	1/-3	1/-3
600	-0/-6	0/-5	2/-4	2/-3	4/-2	4/-1	4/-1	3/-0	4/0
300	2/-2	2/-1	4/0	5/2	6/2	6/2	6/4	6/4	6/4
Glen	4/2	3/1	5/4	7/5	8/6	8/6	7/6	7/6	7/6
Freezing Level*	400m	500m	700m	800m	900m	1000m	1000m	1000m	1100m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View

Feeling bitterly cold over higher ridges and summits with fresh or strong winds and temperatures close to freezing.

Forecast for Monday 16 Oct 2023

Weather: A mostly dry day with sunny spells. Just a few light showers remaining, mostly over Lochaber and Glencoe. A cold, frosty start in the glens with perhaps a few mist patches.

Maximum wind: Light winds at all levels.

Chance of cloud-free hill tops above 800m: 80%.

Low Cloud and visibility: Very good visibility with occasional cloud cover, bases about 700 to 800m.

Temperature: **Glens:** Minus 3 Celsius in glens at first, rising to plus 10 Celsius by afternoon.
At 800m: Plus 1 Celsius rising to plus 4 Celsius.
Freezing level: 1100m rising above the summits.

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